**CACFP 5-Day Menu Week**

 Week of 04.22.2024 thru 04.26.2024 Beverly

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CACFP Meal Pattern | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |

**BREAKFAST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk | Milk | Milk  | Milk | Milk |
| Fruit and or Vegetable |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |
| Alternate or Grains | Whole Grain Muffins | Whole Wheat Bagel W/ Crean Cheese | Whole Grain Cereal | Whole Grain Banana Muffin | Whole Grain Cereal |
| Meat or Alternate |  |  |  |   |   |

 **LUNCH / SUPPER**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meal | American Chop Suey  | Taco Tuesday  |  Chef Salad w/ Egg | Big Mac Bowl  | Chicken Caesar Wrap  |
| Meat or Alternate | Ground Beef/onions/bell peppers  | Ground Turkey/ Cheese.  | Egg & Cheese | Cheese/Ground Beef | Chicken/Cheese  |
| Vegetable | Steamed Corn, Bell Peppers, Onions,  | Coleslaw Cabbage/Carrots, Greens, Tomatoes | Mix vegies / tomatoes.  | Green Beans /tomatoes  | Cucumbers  |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| Grain | Whole Wheat Pasta | Whole Wheat Corn Tortilla  |  Whole Wheat Pita Bread | Whole Wheat Rice | Whole Wheat Wrap |
| Meat or Alternate | Vegetable Pomodoro | Vegetable & Cheese taco  | Chef Salad w/ Egg or Cheese  | Vegetable Rice Bowl w/Cheese or Ground Beef | Cheese Sandwich  |

**AFTERNOON SNACK (serve any 2 of the following foods).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk/Water | Milk/Water | Milk/Water | Milk/Water | Milk/Water  |
| Vegetable |  |   |  |  |  |
| Fruit | Assorted Fresh Fruit |   | Assorted Fresh Fruit  | Blueberry  | Banana |
| Alternate Grain |  WW Ritz Crackers | Graham Crackers |  Whole Grain Goldfish Crackers | Blueberry yogurt muffin  | Oatmeal Banana Cookie |
| Meat or Alternate |  |  Vanilla Yogurt |    |   |  |

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USDA is an equal opportunity provider and employer. **\*Ages 1-2 Whole Milk/Water \* Ages 2+ 1% Milk/Water**