**CACFP 5-Day Menu Week**

Week of 11.25.2024 thru 11.29.2024 Beverly

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CACFP Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |

**BREAKFAST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| Fruit and or Vegetable | Fresh Fruit | Fresh Fruit | Fresh Fruit |  |  |
| Alternate or Grains | Whole Grain Muffins | Whole Wheat Bagel W/ Cream Cheese | Whole Grain Cereal |  |  |
| Meat or Alternate |  |  |  |  |  |

**LUNCH / SUPPER**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meal | Turkey Rachel Wrap | Greek Bowl | Penne Bolognese |  |  |
| Meat or Alternate | Turkey / Cheese | Chicken / Feta cheese | Ground Beef |  |  |
| Vegetable | Home Fries | Cucumbers | Garden Salad/ Tomatoes |  |  |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |  |  |
| Fluid Milk | Milk | Milk | Milk |  |  |
| Grain | Whole Wheat Wrap | Whole Grain Rice | Whole Wheat Pasta |  |  |
| Meat or Alternate | Turkey or Cheese and Vegetable Wrap | Rice & Beans |  |  |  |

**AFTERNOON SNACK (serve any 2 of the following foods).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk/Water | Milk/Water | Milk/Water | Milk/Water | Milk/Water |
| Vegetable |  |  |  |  |  |
| Fruit | Assorted Fresh Fruit |  | Assorted Fresh Fruit |  |  |
| Alternate Grain | WW Cheez it Crackers | Graham Crackers | Whole Grain Goldfish Crackers |  |  |
| Meat or Alternate |  | Vanilla Yogurt |  |  |  |

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USDA is an equal opportunity provider and employer. **\*Ages 1-2 Whole Milk/Water \* Ages 2+ 1% Milk/Water**