**CACFP 5-Day Menu Week**

Week of 01.20.2025 thru 01.24.2025 Beverly

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CACFP Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |

**BREAKFAST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk |  | Milk | Milk | Milk | Milk |
| Fruit and or Vegetable |  | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Alternate or Grains |  | Whole Wheat Bagel W/ Cream Cheese | Whole Grain Cereal | Whole Grain Muffin | Whole Grain Cereal |
| Meat or Alternate |  |  |  |  |  |

**LUNCH / SUPPER**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meal | PD day | Rigatoni Bolognese | Breakfast for Lunch | Greek Rice Bowl | Make Your Own Pizza |
| Meat or Alternate |  | Ground Beef | Ham / Egg / Cheese | Chicken / Cheese | Cheese / Pepperoni |
| Vegetable |  | Sliced Cucumbers | Baked Home Potato Fries | Spanish Green Beans | Baked Potato Fries |
| Fruit |  | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Fluid Milk |  | Milk | Milk | Milk | Milk |
| Grain |  | Whole Wheat Roll | Whole Grain Bread | Whole Grain Rice | Whole Wheat Naan |
| Meat or Alternate |  | Black Bean Burger |  | Rice and Beans |  |

**AFTERNOON SNACK (serve any 2 of the following foods).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk |  | Milk/Water | Milk/Water | Milk/Water | Milk/Water |
| Vegetable |  |  |  |  |  |
| Fruit |  |  | Assorted Fresh Fruit |  |  |
| Alternate Grain |  | Graham Crackers | Whole Grain Goldfish Crackers | Banana Oatmeal Rounds | Whole Grain Muffin |
| Meat or Alternate |  | Vanilla Yogurt |  |  |  |

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USDA is an equal opportunity provider and employer. **\*Ages 1-2 Whole Milk/Water \* Ages 2+ 1% Milk/Water**