**CACFP 5-Day Menu Week**

 Week of 01.20.2025 thru 01.24.2025 Beverly

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CACFP Meal Pattern | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |

**BREAKFAST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk |  | Milk | Milk  | Milk | Milk |
| Fruit and or Vegetable |  |  Fresh Fruit |  Fresh Fruit | Fresh Fruit |  Fresh Fruit |
| Alternate or Grains |  | Whole Wheat Bagel W/ Cream Cheese | Whole Grain Cereal | Whole Grain Muffin | Whole Grain Cereal |
| Meat or Alternate |  |  |  |   |   |

 **LUNCH / SUPPER**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meal | PD day | Rigatoni Bolognese  | Breakfast for Lunch  | Greek Rice Bowl  | Make Your Own Pizza  |
| Meat or Alternate |  | Ground Beef  | Ham / Egg / Cheese | Chicken / Cheese  |  Cheese / Pepperoni  |
| Vegetable |  | Sliced Cucumbers  | Baked Home Potato Fries | Spanish Green Beans  | Baked Potato Fries  |
| Fruit |  | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Fluid Milk |  | Milk | Milk | Milk | Milk |
| Grain |  | Whole Wheat Roll |  Whole Grain Bread | Whole Grain Rice | Whole Wheat Naan |
| Meat or Alternate |  | Black Bean Burger  |  | Rice and Beans |  |

**AFTERNOON SNACK (serve any 2 of the following foods).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk |  | Milk/Water | Milk/Water | Milk/Water | Milk/Water  |
| Vegetable |  |   |  |  |  |
| Fruit |  |   | Assorted Fresh Fruit  |  |  |
| Alternate Grain |  | Graham Crackers |  Whole Grain Goldfish Crackers | Banana Oatmeal Rounds |  Whole Grain Muffin |
| Meat or Alternate |  |  Vanilla Yogurt |    |  |  |

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USDA is an equal opportunity provider and employer. **\*Ages 1-2 Whole Milk/Water \* Ages 2+ 1% Milk/Water**