**CACFP 5-Day Menu Week**

 Week of 03.17.2025 through 03.21.2025 Beverly

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CACFP Meal Pattern | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |

**BREAKFAST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk | Milk | Milk  | Milk | Milk |
| Fruit and or Vegetable |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit | Fresh Fruit |  Fresh Fruit |
| Alternate or Grains | Whole Grain Apple Cinamon Muffins | Whole Wheat Bagel W/ Cream Cheese | Whole Grain Cereal | Whole Grain Banana Muffin | Whole Grain Cereal |
| Meat or Alternate |  |  |  |   |   |

 **LUNCH / SUPPER**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meal | Rigatoni Bolognese  | Chicken Salad Sandwich | Breakfast for Lunch  | Mexican Rice bowl  |  French Bread Cheese Pizza  |
| Meat or Alternate | Ground Beef / Prosciutto | Chicken  | Ham / Egg / Cheese | Chicken / Cheese / Beans | Cheese |
| Vegetable | Garden Salad / Tomatoes  | Cucumbers Sliced  | Home Fried Potatoes  | Spanish Green Beans  | Baked Potato Fries |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| Grain | Whole Wheat Pasta | Whole Wheat Roll |  Whole Grain Bread | Whole Grain Rice | Whole Wheat Bread |
| Meat or Alternate | Rigatoni Marinara & Cheese  | Black Bean Burger  |  | Vegetable/Beans/Cheese Bowl | Plant base chicken nuggets  |

**AFTERNOON SNACK (serve any 2 of the following foods).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk/Water | Milk/Water | Milk/Water | Milk/Water | Milk/Water  |
| Vegetable |  |   |  |  |  |
| Fruit | Assorted Fresh Fruit |   | Assorted Fresh Fruit  |  |  |
| Alternate Grain |  Whole Grain Cheez-Its | Graham Crackers |  Whole Grain Goldfish Crackers |  | Oatmeal Banana Rounds |
| Meat or Alternate |  |  Vanilla Yogurt |    | Apple Yogurt Muffin |  |

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USDA is an equal opportunity provider and employer. **\*Ages 1-2 Whole Milk/Water \* Ages 2+ 1% Milk/Water**