**CACFP 5-Day Menu Week**

 Week of 04.21.2025 through 04.25.2025 Beverly

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CACFP Meal Pattern | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |

**BREAKFAST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk |  | Milk | Milk  | Milk | Milk |
| Fruit and or Vegetable |   |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |
| Alternate or Grains |  | Whole Wheat Bagel W/ Cream Cheese | Whole Grain Cereal | Whole Grain Banana Muffin | Whole Grain Cereal |
| Meat or Alternate |  |  |  |   |   |

 **LUNCH / SUPPER**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meal | C | Cheese Ravioli w/Marinara Sauce | Carne Burrito  | Fish Sticks | Veggie Bowl  |
| Meat or Alternate | L | Ricotta Cheese  | Ground Beef / Beans  | Haddock  | Mushrooms /Beans  |
| Vegetable | O | Cucumbers  | Coleslaw  | Backed Potato Fries  | Mixed vegetables |
| Fruit | S | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Fluid Milk | E | Milk | Milk | Milk | Milk |
| Grain | D | Whole Grain Bread | Whole Wheat Wrap | Whole Grain Breading | Whole Grain Rice |
| Meat or Alternate |  | Ham Sandwich  | Vegetable Burrito |  |  |

**AFTERNOON SNACK (serve any 2 of the following foods).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk |  | Milk/Water | Milk/Water | Milk/Water | Milk/Water  |
| Vegetable |  |   |  |  |  |
| Fruit |  |   | Assorted Fresh Fruit  | Salsa |  |
| Alternate Grain |   | Graham Crackers |  Cheddar Crackers - Baked with Whole Grain | Corn Tortilla Chips  | Oatmeal Banana Rounds |
| Meat or Alternate |  |  Vanilla Yogurt |    |   |  |

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USDA is an equal opportunity provider and employer. **\*Ages 1-2 Whole Milk/Water \* Ages 2+ 1% Milk/Water**