**CACFP 5-Day Menu Week**

Week of 06.02.2025 through 06.06.2025 Beverly

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CACFP Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |

**BREAKFAST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| Fruit and or Vegetable | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Alternate or Grains | Whole Grain Muffins | Whole Wheat Bagel W/ Cream Cheese | Whole Grain Cereal | Whole Grain Banana Muffin | Whole Grain Cereal |
| Meat or Alternate | Muffin Apple Cinnamon Whole Grain |  |  |  |  |

**LUNCH / SUPPER**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meal | Ravioli Pomodoro | Chicken Salad Sandwich | Breakfast for Lunch | Mexican Bowl | Pizza Friday |
| Meat or Alternate | Cheese | Chicken | Ham, Egg, & Cheese Sandwich | Chicken | Cheese |
| Vegetable | Tomatoes/Mixed Veggies | Cucumbers | Tater Tots | Banana Peppers /Green beans | Tomatoes/Baked potato fries |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| Grain | Whole Wheat Pasta | Whole Grain Bread | Whole Grain English Muffin | Whole Grain Rice | Whole Wheat Bread |
| Meat or Alternate | Pasta & Chickpeas | Vegetable & Cheese Wrap |  |  | Plant base chicken nuggets |

**AFTERNOON SNACK (serve any 2 of the following foods).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk/Water | Milk/Water | Milk/Water | Milk/Water | Milk/Water |
| Vegetable |  |  |  |  |  |
| Fruit | Assorted Fresh Fruit |  | Assorted Fresh Fruit |  | Fruit Smoothie |
| Alternate Grain | Whole Grain Cheez-Its | Cracker Graham | Whole Grain Goldfish |  |  |
| Meat or Alternate |  | Vanilla Yogurt |  | Blueberry Yogurt Muffin |  |

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USDA is an equal opportunity provider and employer. **\*Ages 1-2 Whole Milk/Water \* Ages 2+ 1% Milk/Water**