**CACFP 5-Day Menu Week**

 Week of 06.02.2025 through 06.06.2025 Beverly

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CACFP Meal Pattern | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |

**BREAKFAST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk | Milk | Milk  | Milk | Milk |
| Fruit and or Vegetable |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |  Fresh Fruit |
| Alternate or Grains | Whole Grain Muffins | Whole Wheat Bagel W/ Cream Cheese | Whole Grain Cereal | Whole Grain Banana Muffin | Whole Grain Cereal |
| Meat or Alternate | Muffin Apple Cinnamon Whole Grain  |  |  |  |   |

 **LUNCH / SUPPER**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meal | Ravioli Pomodoro | Chicken Salad Sandwich  | Breakfast for Lunch  | Mexican Bowl  | Pizza Friday  |
| Meat or Alternate | Cheese  | Chicken  | Ham, Egg, & Cheese Sandwich  | Chicken  | Cheese  |
| Vegetable | Tomatoes/Mixed Veggies  | Cucumbers | Tater Tots | Banana Peppers /Green beans  | Tomatoes/Baked potato fries |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| Grain | Whole Wheat Pasta | Whole Grain Bread |  Whole Grain English Muffin | Whole Grain Rice | Whole Wheat Bread |
| Meat or Alternate | Pasta & Chickpeas | Vegetable & Cheese Wrap |  |  | Plant base chicken nuggets  |

**AFTERNOON SNACK (serve any 2 of the following foods).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk/Water | Milk/Water | Milk/Water | Milk/Water | Milk/Water  |
| Vegetable |  |   |  |  |  |
| Fruit | Assorted Fresh Fruit |   | Assorted Fresh Fruit  |  | Fruit Smoothie  |
| Alternate Grain |  Whole Grain Cheez-Its | Cracker Graham  |  Whole Grain Goldfish |  |  |
| Meat or Alternate |  |  Vanilla Yogurt |    |  Blueberry Yogurt Muffin |  |

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USDA is an equal opportunity provider and employer. **\*Ages 1-2 Whole Milk/Water \* Ages 2+ 1% Milk/Water**