**CACFP 5-Day Menu Week**

Week of 06.09.2025 through 06.13.2025 Beverly

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CACFP Meal Pattern | Monday | Tuesday | Wednesday | Thursday | Friday |

**BREAKFAST**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| Fruit and or Vegetable | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Alternate or Grains | Whole Grain Cinamon Muffins | Whole Wheat Bagel W/ Cream Cheese | Whole Grain Cereal | Whole Grain Banana Muffin | Whole Grain Cereal |
| Meat or Alternate |  |  |  |  |  |

**LUNCH / SUPPER**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meal | Chicken Broccoli Ziti | Taco Tuesday | Chef Salad w/Egg | Veggie Bowl | Fish Sticks |
| Meat or Alternate | Chicken | Ground Beef | Egg / Cheese | Chickpea / Mushrooms | Haddock |
| Vegetable |  | Romaine & Tomatoes | Mixed Greens/Cucumbers | Green Beans | Backed Potato Fries |
| Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| Grain | Whole Wheat Pasta | Corn Tortilla | Whole Wheat Roll | Whole Grain Rice | Whole Grain Breading |
| Meat or Alternate | Penne Pasta w/Cheese | Vegetable, Beans, Cheese Tacos |  |  | Plant Based Nuggets |

**AFTERNOON SNACK (serve any 2 of the following foods).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Fluid Milk | Milk/Water | Milk/Water | Milk/Water | Milk/Water | Milk/Water |
| Vegetable |  |  |  |  |  |
| Fruit | Assorted Fresh Fruit |  | Assorted Fresh Fruit | Tomato Salsa |  |
| Alternate Grain | Whole Grain Cheez-Its | Graham Crackers | Cheddar Crackers - Baked with Whole Grain | Corn Tortilla Chips | Oatmeal Banana Rounds |
| Meat or Alternate |  | Vanilla Yogurt |  |  |  |

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USDA is an equal opportunity provider and employer. **\*Ages 1-2 Whole Milk/Water \* Ages 2+ 1% Milk/Water**