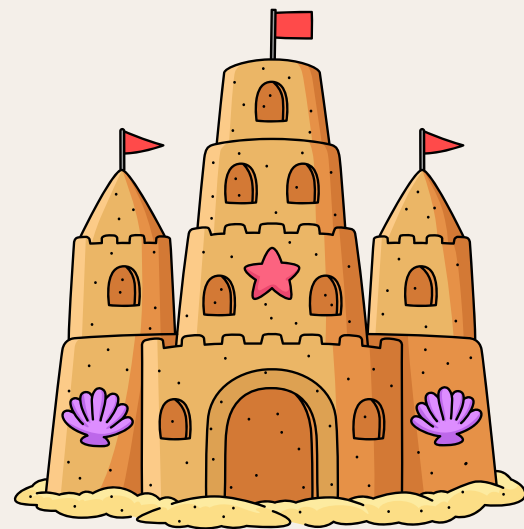


Early Education NEWSLETTER

AUGUST 2026



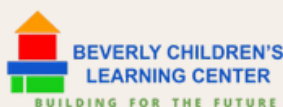
Featured Staff of the Month– Miss Cindy!



This month, we are excited to shine a spotlight on our Early Childhood Director, Cindy! Cindy joined the BCLC team in 2025, bringing with her more than 20 years of experience working in special education and with all age groups. Her extensive knowledge, dedication, and passion for supporting children have made a tremendous impact on our program. Cindy's bubbly personality, nurturing approach, and kind spirit help create a warm and welcoming environment for children, families, and staff alike. Children naturally gravitate toward her, and she always takes the time to connect with them, offering encouragement, comfort, and plenty of smiles. We are grateful for Cindy's leadership, compassion, and commitment to helping our BCLC community thrive.

REMINDERS

- We are not accepting any clothing donations at this time
- All children must be signed in and out in the binder at the front desk every day
- Please call the front desk (978) 927–1269 prior to 9am if your child will not be attending BCLC. This avoids confusion at pickup and gives us an accurate number of children for meal times.



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ANNOUNCEMENTS

We are a nature-based learning center and will utilize our natural playground each day in all types of weather. Please send your child with an extra change of clothes (please label), bathing suit, towel, and water shoes to keep at school.



PICTURE DAY

August 18th- Infant- Toddler/Preschool
August 31st- Preschool 1- PreK

Watch for the brochure!
Payments must be made before your child's scheduled picture day date.

HAPPY BIRTHDAY

Camden 8/4

Bennett 8/6

Madison 8/8

Christianna 8/11

Grayson 8/12

Nathan 8/16

Tatum 8/20



Infant- In August, our Infant classroom will explore outdoor play and water-themed experiences through hands-on activities that support learning and development. Music and movement will include favorites such as “Open, Shut Them”, “The Itsy Bitsy Spider”, and “Wheels on the Bus”. Social-emotional activities will encourage self-awareness and interaction through peek-a-boo games, xylophone exploration, and mirror play. Children will enjoy creative experiences such as fly swatter painting and walk-and-crawl painting, while sensory play will feature bubbles, water splashing, and pushing activity walkers across the grass. Early math and science concepts will be introduced through counting rings for stacking, counting our toes, stacking activities, and sink-or-float experiments. Literacy activities will include a Baby Shark puppet story and reading *Baby Loves Summer*.

Infant/Toddler- This month, our Infant/Toddler classroom will explore the exciting theme of the beach and ocean life, including sharks, whales, and dolphins! Our music and movement activities will feature “Baby Shark” by Pinkfong and “Down by the Bay” by Super Simple Songs. Children will practice social-emotional skills by sharing, cleaning up, participating in dress-up and outdoor games, and enjoying water play. Creative art projects will include bubble wrap sea stars, ocean paintings, and sea creature sensory art. Sensory activities will feature ocean-themed sensory bags, cleaning ocean animals, a “clean the ocean” activity, and a water play sensory table. In math and science, children will count ocean animals, explore ocean animal shapes, and practice tracing ocean animals. Families are asked to send swimwear, water shoes, a towel, and sunscreen for this month's water activities.

Toddler- This month, our class will focus on the summer season and summer weather through a variety of fun, hands-on activities. Children will enjoy music and movement with songs including “Row, Row, Row Your Boat”, “Tap the Table” (during circle time), and “It’s an Elephant!” Our social-emotional learning activities will encourage sharing, cooperation, and group participation during doll play and shake the bell games. In expressive arts, children will create boat crafts and ocean-themed paintings, and we’ll sing “Are You Hungry?” by The Rhymington Square along with other favorite songs. Sensory experiences will include water sensory bins, bubbles, seashells, and outdoor water play. Math and science activities will focus on counting outdoor items such as sticks, rocks, and leaves, making shapes in the sand, and searching for bugs to observe. During language and literacy, we’ll read ***Hello, Caterpillar*** by Martha Zschock, *Ocean* by BBC, and *Hungry Hungry Sharks* by Joanna Cole. Please make sure your child has water shoes, a bathing suit, and towels if you haven’t already brought them in.

Toddler/ Preschool- This month, our classroom will focus on water play! Children will enjoy music and movement activities, including “Down by the Bay” by Super Simple Songs and “Ocean Animals Freeze Dance” by The Kiboomers. Social-emotional learning will be supported through water-based sensory play to help children calm and regulate their bodies. Creative art activities will include “water splatter” painting, painting with ice cubes, and watercolor crayon art. Sensory experiences will feature water-based sensory bins and outdoor water activities. In math and science, students will explore water bags, practice counting with ice cubes, and learn about the melting process. Language and literacy activities will include reading *Hey, Water!* by Antoinette Portis.

Preschool 1- This month, our Preschool 1 class is exploring Summertime Adventures, family traditions, and getting ready for a new school year. We're also excited to see if our garden plants are ready for harvesting! In music, we've been learning "Let's Make S'mores" by Maple Leaf Learning and will continue singing camp, fishing, and pirate songs. Our social-emotional activities focus on teamwork through pretend camping, building campfires, pitching tents, and practicing respectful communication during water play by asking permission before splashing friends. Creative projects include frozen/icicle painting, sand glue paintings, and creating our own campsites, while sensory fun features summer-themed water bins, sand play, pretend camping, and a bear hunt sensory walk. In math and science, we'll explore shadows with flashlights and practice counting campfire-themed items like s'mores, firewood, and fish. Our literacy activities include *We're Going on a Bear Hunt* by Michael Rosen, *Pete the Cat Goes Camping*, and *Love You S'more* by Melinda Rathjen. Families are encouraged to share any special summertime traditions so we can learn from one another, and please remember to send your child with plenty of extra clothes for our sunny and splash-filled summer activities. If you have any questions about your child's extra items at the center, please feel free to ask.

Preschool 2- This month, our Preschool 2 class will explore the fascinating world of ocean sea creatures! Children will enjoy music and movement with Tiny Tim (finger play) and "Jellyfish Jig" by Danny Go. Social-emotional learning activities will focus on identifying and talking about feelings. Creative art projects will include watercolor ocean artwork. Sensory activities will feature making ocean bottles and fishing for feelings using magnets to help children recognize and express their emotions. In math and science, students will observe how sea creatures grow and sort ocean animals. Our language and literacy activities will include reading *Hole in the Deep Blue Sea* by Rein Bun Tis.

PreK- Our Pre-K class will spend August focusing on Kindergarten Readiness as children prepare for their next big adventure. Through music and movement activities such as Danny Go and Five Little Fishes, children will build coordination and have fun staying active. Social-emotional learning will include discussions about the similarities and differences between Pre-K and Kindergarten. We will enjoy reading *Off to Kindergarten* by Tony Johnston as we explore the transition to school. Creative experiences will feature sand art, watercolor paintings, and collaborative shell mandalas. Sensory exploration will include sand trays and sorting pebbles and shells. In math and science, children will investigate whether objects sink or float in water and work together to build boats using recycled materials. PreK graduation is August 31st! More details to come.



BCLC Management Team

Judy Cody- Executive Director x203

Lisa Deschenes- Director of education & Children's Services x202

Cindy Grinnell- Director ECE Program x225

Amanda Madalena- ECE Site Coordinator x218

Aimee Provencher- ASOST Director x207

Kyle Silva- ASOST Site Coordinator x219

Cyrena Spafford- Director of Family Childcare x206

LyCha Miville- Social Worker x204



The BCLC Educators and Staff are dedicated to the safety and wellbeing of all the children in our program. Please take a moment to get to know who we are and what we do here at BCLC. We would be happy to meet with you at any time.



A Message From Cindy

Early Ed Director

We are in full summer mode here at BCLC! Our big excitement is that all areas of our outdoor space are open now. So much work has gone into the care of the grass, it looks beautiful and is so nice to play on. We have been enjoying the hammocks in the shade, the splashpads and taking care of our garden beds. Field trips have started for all ages: the Toddlers went to the Beverly Public Library for music and books and Pre-School and Pre-K joined Salem Sound Coast watch on a wonderful boat trip to learn about the ocean.

We hope you are all having a wonderful summer too!

Ms.Cindy



"We started The Judy Games as a way to honor Judy by bringing together those of us who have been touched by her kindness and generosity.

Please join us on Saturday August 29th for a day of Corn Hole, Kan Jam, Ladder Golf and fun in Judy's honor while raising money to help the community she loved."

<https://www.thejudygames.com>