

# Early Education Newsletter

OCTOBER 2026

## Featured Staff of the Month- Miss Lori!



This month, we're excited to recognize Lori as our Staff of the Month! Since joining us last summer, Lori has become such a wonderful part of our team. She brings a calm, caring, and nurturing presence to our Preschool 2 room and gives our friends so much love and attention each day. We're so lucky to have Lori on our team and are grateful for everything she does!

## Reminders

- We are not accepting any clothing donations at this time
- All children must be signed in and out in the binder at the front desk every day
- Please call the front desk (978) 927-1269 prior to 9am if your child will not be attending BCLC. This avoids confusion at pickup and gives us an accurate number of children for meal times.

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# Announcements

We are a nature-based learning center and will utilize our natural playground each day in all types of weather. Please send your child with weather appropriate clothing, as well as a change of clothes.

CLOSED  
Monday 10/12 for  
Indigenous Peoples  
Day



Trunk or Treat  
Wednesday 10/21  
More details to come!



**Selena 10/5**

**Shea 10/9**

**Glauk 10/25**



Infant-October is here, and our Infant classroom is embracing the beauty of autumn and pumpkins! Our little ones will enjoy music and movement with "Autumn Leaves Falling Down" by The Kiboomers and "I'm a Little Pumpkin." Through social-emotional activities such as peek-a-boo, stacking rings, and shaking rattles, we will encourage connection, exploration, and early communication. Our expressive art experiences will include creating paintings with real leaves as well as painting pumpkins. For sensory exploration, infants will investigate autumn-colored sensory bags, move red, yellow, and orange paint, and explore baskets filled with leaves and pine cones. We will also introduce early math and science concepts by counting stacking cups, building and knocking down towers, and observing whether leaves come in different colors. During language and literacy time, we will enjoy *Goodnight Moon* and *Baby Loves Fall*. As the weather gets cooler, please remember to send your child with a jacket and weather-appropriate clothing. Older babies should also have shoes for safe and comfortable exploration. We are looking forward to a fun-filled month of learning, discovering, and celebrating all things autumn!

Infant/Toddler- For the month of October our Infant/Toddler class will be focusing on the changing of the seasons, transitioning into fall, and cozy weather. We'll move our bodies to "I Picked One Pumpkin" as well as "Which Witch" and "Monster Boogie" by Laurie Berkner Band. Our friends will practice sharing toys, cleaning up the classroom and circle time. For expressive art activities we'll use different items we find outside to paint with such as pinecones and leaves. Our sensory activities will include exploring the inside of a pumpkin, sweeping leaves, washing pumpkins, and a pumpkin patch sensory table. They'll practice their early math and science skills by counting pumpkins, leaf shapes, monster shapes, and nature observations. We'll read *On Mother's Lap* by Ann Herbert Scott and *Monster Alphabet Phonics Song* by Zoo Zoo Song. Please make sure to pick up your child's artwork and keep three outfits in their cubby with weather appropriate clothing.

Toddler-Our toddler class will be learning all about the fall season, leaves, acorns, and fall colors. We will march to different songs while holding instruments or a plush toy as well as singing "Autumn Leaves" by The Kiboomers. As a class, we will go outside and find different natural materials to talk about during circle time. The toddler room will also work on sharing toys and checking on our friends throughout the day. For our expressive art activities, we will explore crab apple stamping, leaf prints, and painting with acorns. Our fall sensory table will be filled with items found outside like leaves, pinecones, and small pumpkins so that we can explore different sounds and textures. While working on early math and science skills, our toddler class will go for nature walks and count together while talking about the leaves changing colors. We will read *Little Critter Numbers* by Mercer Mayer and do an activity along with it. Please bring in fall clothes to keep in your child's cubby.

Toddler/Preschool- This month, we'll be exploring all things farm and fall! We'll learn about different farm animals and fall harvest favorites like apples and pumpkins while singing songs such as "Autumn Leaves Are Falling Down" and "Five Little Pumpkins." Each week, we'll take a nature walk to notice the crisp air, crunchy leaves, and changing colors while practicing sensory grounding and self-regulation. Through expressive art, children will create apple-stamping projects and nature collages using leaves and other natural materials. In sensory play, we'll explore farm animal tracks in Play-Doh and sand, practice fine-motor skills with tweezer pumpkin pickup, and wash farm animals in our sensory bin. For math and science, we'll practice sorting and color matching by grouping red, yellow, and green apples. We'll also enjoy stories including *Spot Goes to the Farm*, *Pete the Cat: Falling for Autumn*, and *The Very Hungry Caterpillar's Vegetable Garden*. As the weather cools, please remember to send your child with fall-appropriate clothing, including hats, long-sleeve shirts, sweaters, and long pants, so they can stay comfortable while we enjoy our time both indoors and outside.



Preschool 1 - Fall is in the air in Preschool 1! We'll be learning all about fall weather, different fall activities and more. We will sing and dance to "Five Little Pumpkins", "Picking Apples", and "Scarecrow Scarecrow". Our friends will practice taking turns, respecting friends and their personal space and learning to be a good friend while exploring our fall themed class. For our expressive art activities, we will do apple stamping, pumpkin painting, bubble art, and lots of messy things! Our class will have a fall themed sensory table with fall colors, leaves, apple pie, and a pumpkin patch. While practicing our early math and science skills, our friends will examine different fall materials that we find outside and do a special pumpkin science experiment. We will read *The Leaf Thief* by Alice Hemming, *Leaf Man* by Lois Ehlert and *We're going on a Leaf Hunt* by Steve Metzger. Please send plenty of extra clothes as we transition to messy weather and fun messy fall activities. October is also fire safety awareness month so be sure to watch for our special event to be announced.

Preschool 2 - Our Preschool 2 class will be learning about transportation this month. We will sing "Driving in my Car" by Simple songs and "Wheels on the Bus" at circle time. We will work on taking turns, waiting patiently and work together to build road ways. For our expressive art activities our friends will paint with cars, and building cars with magnet tiles. Our sensory table activities will be a car wash and a construction zone. While working on our early math and science skills, they will learn how to build ramps and roads. As well as testing which car goes faster, and sorting them by color, type and wheels. Our books of the month will be *Freight Train*, *My Truck is Stuck*, and *Sheeps in Jeeps*.

PreK - For the month of October our PreK class will be learning all about fall and self help skills. We'll sing and dance to "I am Special" and "10 Apples on my Head." We'll work on skills and routines like putting clothes and shoes on by themselves, and washing their hands before eating or after using the bathroom. Our expressive art activities will include leaf printing and leaf crayon rubbing as well as printing with apples. We will explore our senses by playing with crab apples and leaves in sensory bins and feeling the insides of a pumpkin! While working on our early math and science skills, our friends will measure and compare leaves as well as matching them to the trees that they come from. Any pumpkin or other gourd donations for our classroom would be greatly appreciated!



# Kids of BCLC





## **BCLC Management Team**

**Judy Cody**- Executive Director x203  
**Lisa Deschenes**- Director of education  
& Children's Services x202  
**Amanda Madalena**- ECE Site  
Coordinator x218  
**Aimee Provencher**- ASOST Director  
x207  
**Kyle Silva**- ASOST Site Coordinator  
x219  
**Cyrena Spafford**- Director of Family  
Childcare x206  
**LyCha Miville**- Social Worker x204

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### **A Message From Amanda**

**ECE Assistant Director**

**Happy October, BCLC Families! Fall is here, and this month the children will be enjoying seasonal activities including fall art, sensory experiences, nature exploration, pumpkins, leaves, and lots of outdoor play. As the weather gets cooler, please make sure your child comes to school dressed appropriately, with a jacket or sweatshirt and comfortable layers for outdoor time. Please also take a moment to check your child's extra clothes at BCLC and replace summer items with fall-appropriate clothing, making sure everything still fits and includes a complete change of clothes. With more jackets and sweaters coming to school, please remember to label all belongings with your child's name. We are looking forward to a fun month of learning and exploring together! -Miss Amanda**